



SCHUYLKILL RIVER
NATIONAL & STATE HERITAGE AREA

**SCHUYLKILL RIVER SOJOURN
GENERAL INSTRUCTIONS**

**Each Sojourner is limited to 2 duffel-type bags (medium or large) for all gear.
Waterproof bags are strongly recommended.**

What to bring (personal) Please mark ALL your possessions with a permanent marker

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| Coast Guard approved Type III Life Vest
(one required for each person) | Rain gear (Ponchos not recommended) |
| Snacks and drinking water | Swimming apparel |
| Sweaters, jackets, gloves
(warm clothes, cotton not recommended) | Sneakers, hiking shoes, water shoes,
sport sandals (other sandals are not appropriate) |
| Emergency dry clothes | Dry bag or double plastic bags for anything
you want to keep dry on the water |
| Hats, visors and sunglasses | Camping gear (tent, sleeping bag,
flashlight, ground cover, Ear Plugs) |
| Whistle, pocket knife, matches | Toilet paper, personal toilet kit, bath towel |
| Sun block and/or suntan lotion,
first aid kit, medicine, spare glasses | Silverware Kit (OPTIONAL) |
| Mosquito/tick repellent/bee
sting kits/other medications | Bird/nature guides, diary/journal,
camera, binoculars |

- Ear Plugs (train tracks are typically close to campsites, especially in West Conshohocken)

Please note: Participants will not be permitted to camp out of their cars because of privacy issues. Camping in a van or pick-up truck with a cap is permitted, but likely in an area apart from tent campers. No RV's allowed due to limited space.

What to bring (equipment) Please mark ALL your possessions with a permanent marker

You are responsible for providing or renting a canoe or kayak. Read the Clothing and Boat notice for more information.

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|----------------------------------|-------------------------|
| • Tie-downs (rope, bungee cord) | • Bailer & large sponge |
| • Bow and stern lines for canoes | • Seat pad, knee pads |

Some people bring portage wheels for the Sojourn. You are responsible for transporting this type of equipment, and it must fit **safely and securely** inside your canoe or kayak.

Showers

Showers are not available some nights. Arrangements for showers are made where possible. Saturday night showers are available at the Port Clinton Hotel for \$5 per person. See Saturday Daily Plan sheet for more information.

Information for all participants:

- On the morning, or evening, you arrive, you must **first check in**. Look for the white Sojourn flag.
- **Please mark ALL your possessions with a permanent marker.** Each Sojourner is limited to 2 duffel-type bags (medium or large) for all gear. Waterproof bags are strongly recommended.
- Maximum people per canoe – 2 adults and 1 child. Any other arrangements must be approved by Canoe Susquehanna.

Shuttles

When you arrive at the evening campsite, the Shuttle Trailer will be there with your camping gear. Each Sojourner is limited to 2 duffel-type bags (medium or large) for all gear. Waterproof bags are strongly recommended. At most landings, after the sweep boat is off the river, shuttle vehicles will take people back to the morning's launch site to collect their cars.

THE ONLY CHANGE IS SUNDAY NIGHT (Muhlenberg Township). After the canoes/kayaks are off the river, the busses will leave at 7 p.m. The busses will return to Port Clinton, and then to the Senior Center in Schuylkill Haven. Sojourners will then return to Muhlenberg's landing for the final program of the evening.

At the end of the Sojourn, Canoe Susquehanna can shuttle a limited number of people and gear to Schuylkill Haven Island Park. If you plan to take advantage of the final vehicle shuttle to Schuylkill Haven, contact Cindy Kott at SRGA by the published May deadline: ckott@schuylkillriver.org or 484-945-0200.

Photos

After the Sojourn we provide links to websites with Sojourn photos. Visit the Sojourn section of our webpage: www.schuylkillriver.org/sojourn.aspx, for links.

Food and Water

Food will be provided for all meals except for dinner Friday night in Schuylkill Haven. Water and energy-drink are always available at the morning, lunch, evening and scheduled water stops. Don't forget to bring a supply of your favorite high energy snacks. **Remember to bring enough water bottles to use while canoeing. Plastic/paper cups will not be available at water stops. Please make sure you have a refillable water bottle with you at all times.** Sorry, we cannot accommodate special diets. Some of our volunteer meal providers may offer non-meat options, but expect cheese sandwiches and pasta meals.

Programs

Stroud Water Research Center has assembled an impressive and diverse array of programs. These programs are the backbone of the journey. Out of courtesy to our speakers, and because the program will enrich your Sojourn experience, we ask all participants to make every effort to attend the programs.

Last Words

Be prepared and plan for hot sunny days, cold rainy days, bugs, poison ivy, and every possible combination thereof!

Enjoy the river and experience of a Pennsylvania River Sojourn. We look forward to having you with us on this year's Schuylkill River Sojourn.